

March 16, 2020

Dear Customers:

We understand that the COVID-19 pandemic is having an extraordinary impact on small and large businesses across our communities and the globe.

As part of our promise to be a total solutions partner, Matrix Fitness US is committed to working collaboratively with our customers during this difficult time. Since maintaining healthy environments is top of mind, we've assembled equipment cleaning and disinfecting guidelines for you below.

Understanding the difference between cleaning and disinfecting fitness equipment

According to the CDC, cleaning removes germs, dirt, and impurities from surfaces or objects. Cleaning works by using soap (or detergent) and water to physically remove germs from surfaces. This process does not necessarily kill germs, but by removing them, it lowers their numbers and the risk of spreading infection.

Disinfecting uses chemicals to kill germs on surfaces or objects. This process does not clean dirty surfaces, but kills germs on a surface after cleaning. It can further lower the risk of spreading infection.

Matrix recommends that you both clean and disinfect your Matrix fitness equipment.

Recommended procedure for cleaning and disinfecting fitness equipment

- First, wash surfaces on the machine to remove germs. Matrix recommends the following cleaners: mild dish soap and water (1:10 dilution); vinegar and water (1:20 dilution); or cleaning wipes (e.g., Athletix cleaning wipes).
 - Be sure to apply the cleaner first to a clean cloth, and then use the cloth to wipe down the equipment.
 - Always avoid spraying a cleaner directly on equipment as it may penetrate openings and cause corrosion or damage to electronic components.
- After thoroughly wiping the cleaner off the machine, follow with an EPA-registered disinfectant to kill any remaining germs. Some popular disinfectants include: Simple Green, Virex II 256, Puregreen 24, or disinfecting wipes (e.g., Athletix disinfecting wipes).

Ensure the solution you are using is appropriate for the surface you are disinfecting. Improperly diluted disinfectants can dull the finish on your fitness equipment and cause irreversible corrosion. Disinfectants usually require the product to remain on the surface for a certain period of time (e.g., 3 to 5 minutes). Be sure to remove the disinfectant once the time has elapsed. Failure to remove disinfectant can cause corrosion.

Use disinfecting wipes on electronic items that are touched often, such as consoles and speed/incline buttons. It may be necessary to use more than one wipe to keep the surface wet for the stated length of contact time.

Always follow a manufacturer's label instructions for cleaning products and disinfectants.

Recommended cleaning and disinfecting frequency

Matrix recommends cleaning each piece of equipment before and after use. Trained staff members should disinfect the machines once or twice daily. Frequency should vary with facility traffic. It is also recommended that your staff use the appropriate protective clothing (e.g., gloves, mask) as specified by the product's manufacturer.

Additional resources

The CDC has an excellent publication which details environmental and disinfection recommendations. The publication can be found at:

https://www.cdc.gov/coronavirus/2019-ncov/prepare/cleaning-disinfection.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fhome%2Fcleaning-disinfection.html

The EPA has also published a useful guide to disinfectants:

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>

We hope this information is useful in understanding some of the best practices for cleaning and disinfecting Matrix equipment during this difficult time.

Sincerely,



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