

Coronavirus Outbreak 2019 (COVID-19)

What You Need to Know: As of March 16, 2020, we continue to learn more about COVID-19, including the severity of illnesses it causes and how it continues to spread.

HOW IT SPREADS

The CDC is reporting that the virus is primarily transmitted from one person to another,¹ by close contact and the transmission of droplets produced when an infected person coughs or sneezes.²

Although it may be possible for transmission to occur when an individual touches an infected surface (followed by touching their mouth, nose or eyes), that is not considered to be the primary means by which COVID-19 is transmitted.³

1. Centers for Disease Control and Prevention. 2020, March 16. How COVID-19 Spreads. <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.
2. Centers for Disease Control and Prevention. 2020, March 16. How COVID-19 Spreads. <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.
3. Centers for Disease Control and Prevention. 2020, March 16. How COVID-19 Spreads. <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.
4. Centers for Disease Control and Prevention. 2020, March 16. Prevention & Treatment. <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>.

PREVENTION

The CDC recommends taking steps to avoid exposure to COVID-19. Fortunately, preventative measures are easy to stick with.

They include:⁴

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

PRODUCTS AND SERVICES

No matter the industry, Cintas offers a variety of products to help you reduce and prevent the spread of germs and illness in the workplace.

Handwashing Sign

- Ideal for breakrooms, outside of restrooms and near hand-washing sinks
- Rounded corners with four mounting holes
- Dimensions: 12" x 18"



Cabinet Disinfectant Service

- Helps reduce germs and bacteria on your first aid cabinet
- Utilizes a wipe that is alcohol free and bleach free and leaves no sticky residue

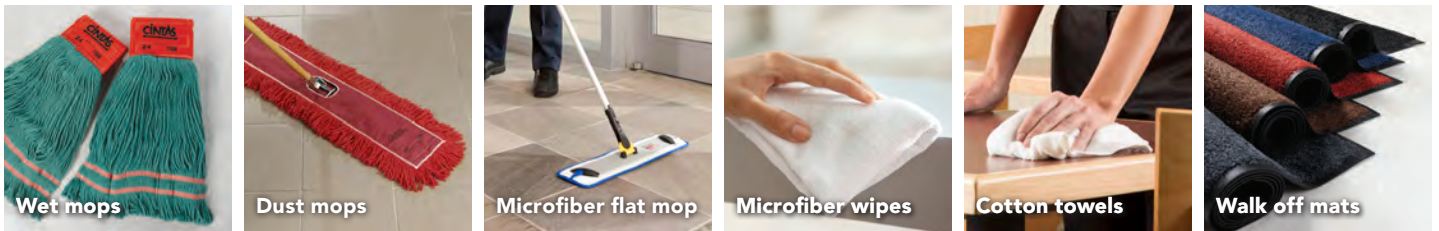
Helping your business prepare for COVID-19

Cintas has the experience and resources to help you through this difficult time. These are the top requested products and services we deliver on a scheduled basis.



LAUNDERED PRODUCTS

Industrial laundry is more effective than home laundry at reducing the presence of microorganisms.



EVERYDAY SUPPLIES

Reduce trips to the store while ensuring the right amount of inventory on site.



TOUCHLESS DISPENSERS

Provide peace of mind with touch free restroom dispensers.



ULTRACLEAN RESTROOM CLEANING SERVICE

A thorough deep clean that leaves your restrooms clean and sanitized.



Proud to offer Germ-X, effective at eliminating 99.99% of many common harmful germs and bacteria in as little as 15 seconds.*

*While supplies last.

READY™ when you are

Many of us are experiencing changes in our day to day as we continue to learn more about COVID-19. To stay up to date with the most recent recommendations, visit [cdc.gov](https://www.cdc.gov) for more information.



Now is the perfect time to review your current First Aid & Safety programs.

Take inventory of what you may need on hand, what services you would like to begin, and ways for you to keep your employees' certifications or skills assessments up to date.

Many customers are choosing Cintas for products and services such as:



First Aid Cabinets

Stocked with the supplies you choose that are appropriate for your workplace, first aid cabinets help you be prepared.



Personal Protective Equipment (PPE)

Disposable gloves, safety glasses, and other PPE items to help you protect your employees.



Handwashing Signage

Remind employees and visitors that proper hygiene is more critical now than ever.



Safety Courses

With over 350 online courses available to you through Cintas your employees can complete a variety of classes wherever they may be working from.



Automated External Defibrillators (AED)

Cardiac emergencies happen unexpectedly. Be prepared when an emergency strikes.



Emergency Eyewash Stations

Organizations of every size are reviewing their Safety Data Sheets (SDS) and are choosing Cintas for emergency eyewash station services.



Talk to your Cintas First Aid & Safety representative today to help keep your business **READY**.